

Inculcation of Values through Motivation

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Abstract

Due to technological advancements, the students studying in higher education institutions are facing many society related problems. One of them is declination in the core values which is leading to ruining their future. The development of any country is based on the values of its countrymen. We all possess different values and these values motivate us to do right or wrong in our lives. Every individual has a set of values inculcated in them, some are more and some are less dominating. The priority depends on the drive we have such as success in life, religion, money, fun etc. and also on the motivational aspect. Motivation is the force that leads people to behave as they do. The motivation given by a teacher helps a student to be on positive side of life and inculcation of values among them which give them right direction. An effective motivation programme for students of higher education is the need and it is through education that we can change the world. In the curriculum of the colleges and higher education institutions illustrations, covering stories, poetry, novel related to various values should be added. Training programmes, debate, campaign, staging, contact programmes with the society, visits to orphanage, old age homes etc., should help in inculcating values in the young minds with the guidance of motivating teachers. This paper will elaborate the meaning of values, motivation, techniques of inculcating values and role of teacher in motivation.

Keywords: Values, Motivation, Techniques, Role of Teacher

Introduction

In 21st century the life goes as like that train or any other engine or machine which has no orientation of specific goal. Everyone runs without the fixation of specific goal in life to achieve. There is something missing which helps to all to get a specific purpose or goal of life. These missing things are our values. Without the values, a person is looking like a tree without leaves. The word value comes from a Latin word that means "to be of value" and "to be strong and well". Values are those specific norms which are followed by a group and a society for the well being of individuals. The values and candle both are same because a candle helps the person to see in dark places and values help a person to choose the right path in dark. The human values train an individual to take right step in every difficult situation. The cultivation of Human Values can be done by the means of education only. Education helps us to understand, "How to modify the behavior"? And values help us to understand, "How to behave in a particular situation"? So, Education and values are closely related to each other. Sometimes values change with the passage of time. To develop the appropriate values in our children it is very essential that the human values or moral values should be an integral part of school curriculum. The curriculum should be flexible as according to the need of society and able to develop the moral values in the children.

"A value is a belief that something is good and desirable". M. Haralambas (2000).

"Values are socially approved desires and goals that are internalized through the process of conditioning, learning or socialization and that become subjective preferences, standards and aspirations". R.K. Mukherjee (1949).

Sometimes values act like the forces which govern the behavior of a person and develop his personality. Henderson observes, "A person always fulfills his desires and satisfies his wants, and anything that fulfills his desires or satisfies his wants becomes thereby a value". Values are an integral part of human life. The values are always reflected in the behavior and actions of a person. Values of a person are always affected by the various factors

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such as region, religion, culture and society. The values are changeable with the passage of time, person to person and from one culture to another culture. Values help to creating some norms which guide the day to day behavior a person.

Classification of Values

Values are classified in a number of ways. But there are five values, which can be found in all cultures, all societies, all religions and all regions are: Truth (sathya), Right conduct (dharma), Love (prema), Peace (shanti) and Non-violence (ahimsa). All these values can be understand in the form of following types

1. **Intrinsic:** In general the intrinsic values are those which lie within the individual from birth time and still till death. Intrinsic values are those values which are inherited and present within as reward; as like creativity, justice, connectivity with nature and peace etc. Intrinsic values help the individual to develop himself in a unique way. Anything which happened in nature is wrong or right can be decided by the use of intrinsic power and these intrinsic powers are commonly known as intrinsic values.
2. **Spiritual values:** Spiritual values are those values which help a person to know himself by giving him an insight. Spiritual values are also known as the values of human well being because by the spiritual values a person can control his health, his mind and his sense organs which help him to stay in healthy state. A person with spiritual values is more optimistic as compare to other. Equality, Happiness, Charity, Discipline, Courage, Truthfulness, Polite, Simplicity and Creativity are the some examples of spiritual values.
3. **Individuals values or personal values:** Individual or personal values are the most important values because the Glimpse of behavior and personality of someone totally depends upon his unique quality like honesty, truthfulness, hardworking, sincerity, simplicity and punctuality. If someone always runs to gain new knowledge then it is an example of hardworking which is a personal value. A personal value always helps a person to make his decision independently. Love, Integrity, Wisdom, Freedom, Happiness, Peace, Perseverance and Respect all are the example of personal values or individual values. Personal values are not changeable because they are attached with the behavior and personality of human being.
4. **Social values:** The values which help us to make a stand or position in a society are called social values. Social values are the integral part of human life. Without the social values a person cannot survive as the member of society. Social values form the basis of relationship of an individual with the other individual in a particular society. These values teach a person, "How to behave as a social being"? , "How to become an essential part of social group"? Social values also change the point of view to see the world. There are seven main social values. These are:

Respect, Justice, Fairness, Contribution, Honesty, Responsibility, Family, and Community. Social values sometimes also are defined as the,"set of principles or norms defined by a group of people for the well being of all".

5. **National values:** National values play an important role in the development of a country / nation, particular state and society. National values are the set of values which control the attitude, actions and behavior of its citizens at the every moment. National values should be followed by every citizen of that particular nation because they are made to maintain the peace, brotherhood and democracy in the country. Constitutional provisions are to be made for national values. Democracy, Equity, Human rights, Equality, Human dignity, Social Justice, Integrity and Inclusiveness are the some examples of national values.
6. **Cultural values:** Cultural values are the set of those values on which the existence of a community depends. There are different part which makes a particular set of values like customs, traditions and rituals. The cultural values changes from one culture to another culture. The values of Indian culture are very different from the western culture. Cultural values enhance the quality of life and also increase the well being of individual and community. Equality, freedom, harmony, socialism are the example of cultural values.
7. **Moral values:** Moral values are those values which helps a person to distinguish between wrong and right, proper and improper in a systematic way. There are different sources of moral values as like family, community, government, self, religion, region and teachers. Respect, justice, adjusting and compromising, never hurt anyone, cultivate love for education, helping mentality, respecting religion and honesty are some major moral values. The moral values are the identity of a region, community and person

Motivation

The word motivation is derived from the word 'motive' which means need, desires, wants, or derives in an individual. Motivation is defined as the process that starts direct and sustained the goal oriented behavior. In general, motivation is that which force a person to achieve his life goal.

"Motivation is the state of the individual which disposes him to certain behavior for seeking goal".

Woodworth

"Motivation in school learning involves arousing, persisting, sustain and directing desirable behavior."

B.F. Skinner

Inculcation of values through the motivation: Role of teacher

A Teacher always plays the most important role in the overall development of a student and the overall development is incomplete without the development of values in students. A teacher should present himself as a role model in front of the students and develop the values like honesty, loyalty,

respect, forgiveness, kindness, truthfulness, helping mentality and charity through the various activities, stories and by set as an example. The teachers are professionally prepared to introduce the values in students. Motivation is the main step by which a teacher can inculcate the values among students. According to a psychological theory, "A motivated person gain more than a demotivated person". Here the role of motivator performed by the teacher and can inculcate the values by teacher and can inculcate the values by various techniques and strategies like:

1. Morning Assembly: Morning assembly is the place where all the students and teachers interact with each other. It is the time when with the aid of various activities like prayer, moral stories, discussion on social issues and many more other activities a teacher can inculcate the values among students. Through all these activities performed during Morning assembly a teacher can provide the peace and happiness to the students. The values inculcated in morning assembly are permanent and more joyful.
2. Reinforcement: Reinforcement is the consequences which help to encourage the future behavior of someone. When a student does something better in any field then positive reinforcement enhance his confidence through the process of motivation. This ultimately develops the values among students. The negative reinforcement sometime may be inhibited by the teacher to set up the mentality of students through different methods. The positive reinforcement always enhances the motivation.
3. Seminar: Seminars are the platform where a teacher can inculcate the values of self confidence among students. When a student interacts with the unknown person it enhances the capabilities of students which help to build the values like truthfulness, curiosity, creativity and honesty. But the role of a teacher in whole process is like a pillar which holds the motivation level of students. The main factor which acts behind all activities done by students is motivation.
4. Co-curricular activities: To crush the all co-curricular activities such as cultural performances, talent shows, debates, mock trials, spelling bees and sports, a teacher drill the values among students. But all these co-curricular activities demand a motive force to perform well. The function of teacher becomes wider in this case. A teacher plays the role of motive force to enhance the aptness of students. By all the co-curricular activities some values may be introduced in students such as love, truth, peace and punctuality.
5. Collaborative learning: As we know a teacher plays the role of ideal for students so the collaborative learning is the medium to inculcate the values like cooperation, self confidence, among the students. The interaction between students motivates them to perform well.
6. Excursions and field trips: excursions and field trips organised by teachers also helps to develop

sense of responsibility, self reliant, cooperativeness, and social responsibility among the students.

7. Celebration of national festivals: while participating in various activities during celebrating national and international days teach the students the feeling of nationalism, internationalism, social obligation, and sense of duty.
8. Through curriculum: various subjects being taught to the children can also be tackled by the teachers to inculcate values among children. By teaching science one can inculcate values like scientific attitude, logical thinking, democratic attitude, valuing environment and its components like living as well as non living things.
9. Sports and games: sports and games organized by the teachers are the key source of inculcating a large number of values like respect for the others, believing the justice, following the rules and regulations, self control, obedience, discipline etc

Conclusion

The teacher, parents, society and school environment plays an important role in the inculcation of values among the children. Values are like the seeds and the teacher as like the caretaker of these seeds at the time of germination by providing the necessary conditions. The whole process of adjustment of values among the students is like a network, every action taken by the parents; teachers and society members affect the values among them. A balance between the values and community is important. The education provided to the students in school campus is based on factor of motivation which helps in the inculcation of values by the different means. In this process a teacher always support the students by improving in their motivation level. Teacher himself acts as the role model and always tries to enhance the confidence of students through the various activities. A motivated student always performs the various tasks very easily and adopts the new values rapidly. So the role of teacher in the adjusting of values through motivation is very demanding now days.

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